



An Intensive 3-Day Online Training Course

Emotional Intelligence During Times of Crisis

PROGRAMME SUMMARY

The Emotional Intelligence During Times of Crisis online training course covers essential skills such as managing self and managing relationships with team members. Emotional skills such as self-awareness and self management together with the skills of empathising with others and relating with others effectively will be taught. This online training course will help you to communicate persuasively and with impact.

The online training course will impart confidence in you to handle challenging situations and flexibility to adapt and be clear about who you are and who you want to be. This allows you to develop deeper relationships with those around you. This is crucial towards inspiring team members to achieve organizational goals and influencing individuals to support the team direction during times of crises.

Date	Venue	Fee(\$)
01 - 03 May 2022	Live / Online	US\$ 1,800
24 - 26 Jul 2022	Live / Online	US\$ 1,800
30 Oct - 01 Nov 2022	Live / Online	US\$ 1,800

INTRODUCTION

In these times of the COVID19 crisis, organizations are expected to demonstrate emotional calmness and resilience to achieve organizational objectives in the midst of a very challenging, rapidly changing environment.

Organizations value employees who can display high competency in communicating, influencing, motivating others and managing work related stress. Therefore it is imperative that team members cultivate emotional intelligence in handling crisis.

In this online training course, delegates will learn to:

- Face the COVID19 crisis with emotional intelligence
- Keep work relationships productive by cultivating emotional intelligence at work
- Recognize stress levels and keep it under control
- Communicate with team members using emotionally intelligent language
- Pick up social cues and respond appropriately to them

Classroom
 learning service
 available



TRAINING METHODOLOGY

This online interactive training course will combine presentations with interactive practical exercises, supported by video material and case studies.

WHO SHOULD ATTEND

- Anyone who is interested in facing crisis with confidence
- Any manager, supervisor and team leader
- Those individuals interested in developing themselves to be an emotionally healthy individual
- Individuals who wish to understand their emotions and how it affects those around them
- Any employee who wish to improve their productivity in the workplace
- All managers, leaders and professionals who need to deal with crisis

PROGRAMME OBJECTIVES

Participants attending this EuroMaTech online training course will:

- Develop emotional intelligence
- Deal with crisis with confidence
- Relate with others more effectively
- Learn techniques to handle emotional stress
- Manage relationships with team members
- Work more effectively with team members

In-house Training

EuroMaTech is capable of conducting this training programme exclusively for your delegates. Please e-mail us on inhouse@euromatech.ae for further information and/or to receive a comprehensive proposal.



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info@euromatech.ae

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QUALITY CERTIFICATIONS & ACCREDITATIONS



COURSE OUTLINE



Day 1

Emotionally Intelligence During Crisis

- Importance of Emotional Intelligence During Crisis
- Perception and our emotions
- Developing self awareness
- Enhancing our potential
- Solving problems in crisis
- Improving teamwork during crisis

Day 2

Developing our emotional intelligence during crisis

- Developing intrapersonal skills
- Enhancing interpersonal skills
- Managing stress during crisis
- Holistic approach to deal with emotional stress
- Encouraging an emotional intelligent team
- Bonding together in times of crisis

Day 3

Inspiring an emotional intelligent team in times of crisis

- Cultivating an emotionally intelligent work culture
- Achieving the zone of our best performance
- Fostering healthy work relationships
- Collaborative team synergy
- Facing a crisis with confidence
- Developing an action plan

Emotional Intelligence During Times of Crisis



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All Fees are subject to 5% Value Added Tax (VAT).*

Your Details

Name (Mr/Ms):

Position: Organisation:

Address:

City / Country:

Telephone: Email:

Mode Of Payment

Please find enclosed a cheque made payable to EuroMaTech

Please invoice me

Please invoice my company as follows:

Contact Name:

Company Name:

Address:

Email:

Documentation

High Quality material has been prepared by the Seminar Leader for distribution to delegates.

Certificates

A Certificate of Completion will be issued to those who attend & successfully complete the programme.

Registration & Payment

Please complete the registration form on this page & return it to us indicating your preferred mode of payment.

For Further Information, email us at info@euromatech.ae.

Cancellation Policy

Request for seminar cancellation must be made in writing & received at EuroMaTech three weeks prior to the seminar date. A U.S.\$250/- processing fee will be charged per delegate for each cancellation. Thereafter, we regret that we are unable to refund any fees due, although in such cases we would be happy to welcome a colleague who would substitute for you.

Disclaimer

EuroMaTech reserves the right to alter the content, location of the Seminar, or the identity of the speakers in case of events beyond our control.

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