



**EuroMaTech**

Training Seminars & Conferences

An Intensive 5-Day Training Seminar On

# Emotional Intelligence

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## EQ for Innovative Leadership and Corporate Teamwork

16 - 20 May 2021, Dubai

25 - 29 Jul 2021, Dubai

19 - 23 Dec 2021, Dubai



 View Details

[www.euromatech.com](http://www.euromatech.com)

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and ISO 29993:2017  
Certified Company

# Emotional Intelligence

## EQ for Innovative Leadership and Corporate Teamwork

### INTRODUCTION

Emotionally intelligent management embraces and draws from numerous other branches of behavioural, emotional and communications strategies to develop more productive and successful leaders. Understanding and raising your Emotional Intelligence is essential to your success and leadership potential.

In this Emotional Intelligence training course, delegates learn how to:

- Develop the ability to sense, understand and effectively apply emotions as a source of leadership, communication and influence
- Gain insights into perceptions and its importance in the workplace
- Understand how EQ influences the way they respond to others and themselves
- Discover how to apply EQ in the workplace for building teamwork and accountable leadership

### WHO SHOULD ATTEND?

This Emotional Intelligence training course is designed for:

- All managers, leaders and professionals who need to have in-depth knowledge of human behaviours
- Anyone who is interested in developing themselves to be a better leader and manager
- Individuals who desire to apply psychological knowledge to result in management and leadership strategies
- Individuals who wish to understand their emotions and how it affects those around them and their productiveness in the workplace

### PROGRAMME OBJECTIVES

- Develop interpersonal skills such as self-awareness, which is the ability of an individual to recognize and understand one's moods, emotions and drives as well as their impact on others
- Cultivate empathy or the ability to understand the emotional make-up of other people and skill in responding according to their emotional reactions
- Develop interpersonal skills which indicate the individual's proficiency in managing relationships and building networks
- Develop skills in responding to criticisms and adversity
- Leadership strategies for working with others towards shared goals

### TRAINING METHODOLOGY

This Emotional Intelligence training course will involve the use of slides, handout material, work manual with all instructor notes and slides, examples of best practice and appropriate video / DVD material. The use of flip-charts, syndicate workshops and reporting back sessions will encourage a fully participative and enjoyable event. Delegates will be encouraged to participate actively in relating previous work experiences.

### PROGRAMME SUMMARY

Emotional Intelligence training course will concentrate on the skills required to lead teams effectively and manage the basket of personalities normally found in a diverse groups. The ability to respond appropriately to feelings in ourselves and others, apply critical decision making skills objectively, practice innovative teamwork and encourage synergy between team members are vital to building a successful organization.

Furthermore, on a personal level, participants will learn how to improve their leadership skills to motivate themselves and inspire others. Handle stress the high EQ way and delegate tasks for mutual enrichment.

### QUALITY CERTIFICATIONS & ACCREDITATIONS



The PMI® Registered Education Provider logo is a registered mark of the Project Management Institute, Inc.

# PROGRAM OUTLINE

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## **DAY 01**

### Understanding Emotional Intelligence

- What is Emotional Intelligence Quotient (EQ)
- Intrapersonal & Interpersonal skills
- Emotional Intelligence in the workplace
- Understanding personality differences for Innovative Teamwork
- Removing blocks to teamwork through EQ
- Developing teamwork for managerial success

## **DAY 02**

### Develop your Emotional Skills

- Understanding EQ competencies
- Recognizing one's emotions and their effects
- Accurate self-assessment for personal transformation
- Knowing one's strengths & weaknesses
- Self-confidence: a strong sense of one's worth and capabilities
- Developing trustworthiness for corporate transformation

## **DAY 03**

### Applying your Emotional Skills

- Becoming aware of your emotional expressions
- Emotions and decision making
- Idea generation and problem solving
- Develop your emotional imagination
- Getting things done through people
- Managing anger at work

## **DAY 04**

### Emotionally Intelligent Manager

- Building effective teams
- Listening openly and sending convincing messages
- Inspiring and guiding individuals & teams
- Instituting and managing change
- Nurturing relationships
- Creating synergy in teams

## **DAY 05**

### Leadership Strategies

- Assessing your leadership style
- Accountable Leadership for managing performance
- Value-based leadership to manage people
- Working with others towards shared goals
- From delegation to empowerment
- Developing an action plan

## **IN-HOUSE TRAINING**

EuroMaTech is capable of conducting this training programme exclusively for your delegates. Please e-mail us on [inhouse@euromatech.ae](mailto:inhouse@euromatech.ae) for further information and/or to receive a comprehensive proposal.

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## EQ for Innovative Leadership and Corporate Teamwork

✓	Date	Venue	Fee(\$)
	16 - 20 May 2021	Dubai	US\$4,950
	25 - 29 Jul 2021	Dubai	US\$4,950
	19 - 23 Dec 2021	Dubai	US\$4,950

*This fee is inclusive of instruction materials, documentation, lunch, coffee/tea breaks & snack. All Fees are subject to 5% Value Added Tax (VAT).\**

### Your Details

Name (Mr/Ms):.....  
Position:..... Organisation:.....  
Address:.....  
.....  
City / Country: .....  
Telephone / Fax: .....

### Mode Of Payment

- Please find enclosed a cheque made payable to EuroMaTech  
 Please invoice me  
 Please invoice my company as follows:

Contact Name: .....  
Company Name: .....  
Address:.....

#### Documentation

High Quality material has been prepared by the Seminar Leader for distribution to delegates. In addition, a special note pad to facilitate note taking will be provided.

#### Certificates

A Certificate of Completion will be issued to those who attend & successfully complete the programme.

#### Schedule

Our Course timings commences at 08:30 and concludes at 14:00, followed by lunch on a daily basis.

#### Hotel Accommodation

EuroMaTech has negotiated special rates for a limited number of rooms in the hotel. Early registration will help to secure a room at the reduced rate.

#### Registration & Payment

Please complete the registration form on this page & return it to us indicating your preferred mode of payment. For Further Information, Contact Your Nearest EuroMaTech Office.

#### Cancellation Policy

Request for seminar cancellation must be made in writing & received at EuroMaTech three weeks prior to the seminar date. A U.S.\$250/- processing fee will be charged per delegate for each cancellation. Thereafter, we regret that we are unable to refund any fees due, although in such cases we would be happy to welcome a colleague who would substitute for you.

#### Disclaimer

EuroMaTech reserves the right to alter the content, location of the Seminar, or the identity of the speakers in case of events beyond our control.

**\*VAT Announcement:** The Government of UAE have introduced Value Added Tax (VAT) on goods and services from 01-January-2018. In compliance with the legislation issued by the UAE Government, we will be applying a 5% VAT on the fees for all our programs and services offered from January 2018 as applicable and stipulated in the FTA circulars.

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